



Hatters Health PCN is offering free virtual patient education evenings every Tuesdays from 6:30pm to 8:00pm. The event will be focusing on different Topics as below. Don't miss out on this fantastic opportunity!

| Date | Speaker | Topic |
|----------|--------------|--|
| 12/09/23 | Dr S Badiani | Flu Vaccination |
| 19/09/23 | Dr K Kothari | Introduction to SMART initiative |
| 26/09/23 | Dr U Saleem | Child Immunisation |
| 03/10/23 | Dr K Kothari | Real Food |
| 10/10/23 | Dr K Kothari | Intermittent Fasting |
| 17/10/23 | Dr N Satchi | COPD Awareness |
| 24/10/23 | Dr S Azhar | Contraception & Myths |
| 31/10/23 | Dr S Badiani | Osteoarthritis |
| 07/11/23 | Dr K Kothari | Activity |
| 14/11/23 | Dr S Badiani | IBS (irritable bowel syndrome) |
| 21/11/23 | Dr S Badiani | Overview of CVD (cardiovascular disease) |
| 28/11/23 | Dr K Kothari | Mindfulness |
| 05/12/23 | Dr K Kothari | Sleep |
| 12/12/23 | Dr K Kothari | Gut Health |

For more information and to book your place, please scan the QR code as below.

